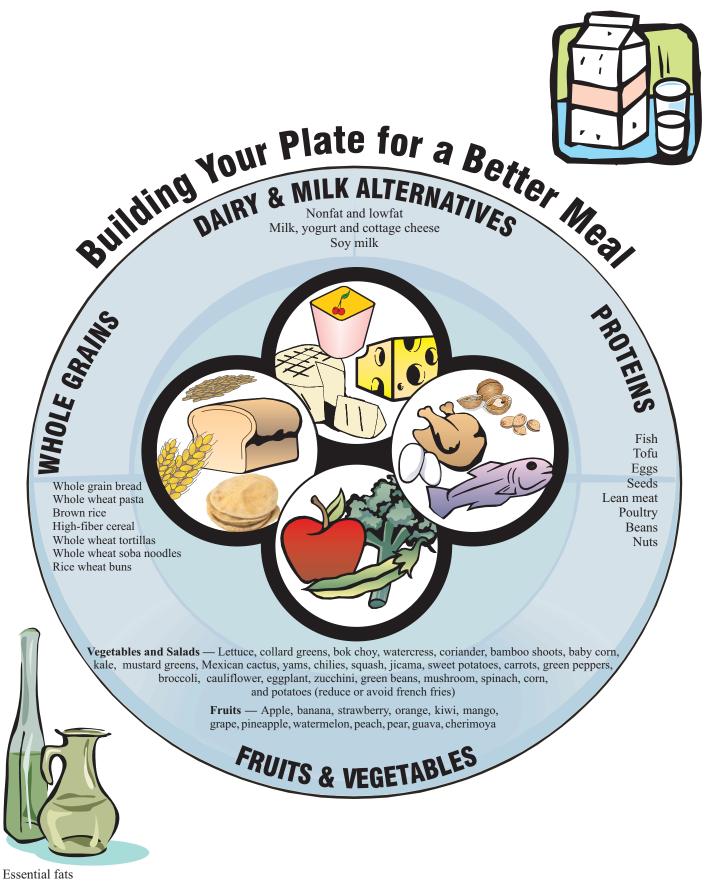
## FOR YOUTH



Use olive or canola oil for cooking and dressing on salad

Adapted from the UCSF Watch Clinic. Garber, A., Drohr, D. (2003)

YOUTH

E-23

