

HEALTHY ME



SFUSD SAN FRANCISCO PUBLIC SCHOOLS

YOUR BODY YOUR RIGHTS

Teens in California have the right to:

- Get testing and treatment for STIs, including HIV
- Access birth control, including emergency contraception
- Access pregnancy testing and prenatal care
- Seek pregnancy options counseling and abortion services

- If you are 12 or older, you do not need anyone else's permission to access these services. You can decide for yourself, and you should expect that all information you share in a clinic will be kept confidential unless you decide to share it.

- For help finding a clinic that's right for you, visit your school social worker or school nurse. High school students visit your school Wellness Center, or go to sfwellness.org

HOTLINES

California Youth Crisis Line
800-843-5200

SF Women Against Rape
415-647-7273

La Casa de las Madres
877-923-0700

SF Suicide Prevention Hotline
415-781-0500

Huckleberry House 24-Hour Teen Crisis Hotline 415-621-2929

Trevor Project Hotline
866-488-7386 LG2TA

Trans Lifeline

877-565-8860 LG2TA

TEXT LINES

24/7 Crisis Text line - Text MYLIFE to 741741

SEXUAL HEALTH WEBSITES

plannedparenthood.org

scarleteen.com

sexetc.org

MISSION & CASTRO

Mission Neighborhood Health Center Teen Clinic
240 Shotwell St. | 415-552-3870 x366
Mon & Thurs: 1:30-5 p.m.
tinyurl.com/mnhc-teen



Planned Parenthood
1650 Valencia St. | (415) 821-1282
plannedparenthood.org
Mon, Tue & Thurs: 8:30 a.m. – 8 p.m.
Wed, Fri & Sat: 8:30 a.m. – 5 p.m.



Dimensions Clinic
3850 17th St. | 415-934-7757
Thurs: 5-8 p.m. Sat. 12-3 p.m.
dimensionsclinic.org



Services provided at each clinic offers:



Pregnancy Testing



LGBTQ



Counseling



HIV/STI Testing

WESTERN ADDITION & HAIGHT

Huckleberry Cole St. Youth Clinic

555 Cole St. | 415-751-8181
Mon, Wed & Fri: 9:30 a.m. – 5 p.m.
Tue: 2-5 p.m. Thurs: 2-6 p.m.
huckleberryyouth.org



Women's Community Clinic

1833 Fillmore Street, 3rd Floor | 415-379-7800
Mon & Thurs: 1-9 p.m. Tue 9 a.m. – 9 p.m.
Wed & Fri 9 a.m. - 5 p.m. Sat 9 a.m.-1 p.m.
womenscommunityclinic.org



UCSF Adolescent and Young Adult Clinic

400 Parnassus Ave., 2nd Floor | 415-353-2002
Mon, Wed, Fri: 1-5 p.m. Tue: 8:30 a.m. – 12 p.m.
Thurs: 3-5 p.m.
tinyurl.com/ucsf-teen



Chinatown, Downtown & Tenderloin

Asian and Pacific Islander Wellness Center

730 Polk St., 4th Floor | 415-292-3400 x368
Mon-Fri: 9:30 a.m.- 6 p.m.
apiwellness.org



Michael Baxter Larkin Street Youth Clinic

134 Golden Gate St. | 415-673-0911 x259
Mon, Wed, Thurs, & Fri: 9 a.m. – 5 p.m.
Tue: 11 a.m. – 5 p.m.
larkinstreetyouth.org



Visitation Valley & Bayview Hunters Point

3rd Street Youth Center & Clinic

1728 Bancroft Ave. | 415-822-1707
Mon – Fri: 1-5 p.m.
3rdstyouth.org



Hawkins Village Teen Health Center

1099 Sunnysdale Ave., 3rd Floor
415-585-2451
Wed: 2- 6 p.m.
tinyurl.com/hawkinsclinic



Mission Bay & Potrero Hill

Kaiser Permanente Teen Clinic

600 Owens St., 3rd Floor | 628-242-6355
Mon-Fri: 1:30-5 p.m. Tue: 9 a.m. – 5 p.m.
kp.org



New Generation Health Center

625 Potrero Ave. | 415-502-8336
Mon, Wed, Fri: 9 a.m. - 5 p.m.
Tue & Thurs: 10 a.m. – 6 p.m.
newgen.ucsf.edu



SFGH Teen and Young Adult Clinic

1001 Potrero Ave., 6th Floor, 6M Clinic
415-206-8376
Urgent Drop-in: Mon-Fri 8 a.m. – 5 p.m.
Sat & Sun 12-8 p.m.
Appointments: Mon & Tue: 4:30-7 p.m.
Fri: 9 a.m. – 5 p.m. Sat: 1-5 p.m.
tinyurl.com/sfgeneral-teen



Potrero Hill & Excelsior

Planned Parenthood at the Good Samaritan Family Resource Center

1294 Potrero Ave. | 415-401-8737
Wed & Fri: 9:30 a.m. – 6 p.m.
plannedparenthood.org



Balboa Teen Health Center

1000 Cayuga Ave., Room 156
415-469-4512
Mon, Tue, Thurs & Fri: 8:30 a.m. – 5 p.m.
Wed: 10 a.m. -5 p.m.
Note: Serves only Balboa students during school hours.
tinyurl.com/balboaclinic

